

Week of Training	Session title	Days & Times
19 th January 2026	Supporting you to support your Primary school child's Mental Health & Wellbeing	Mon-Thurs 10am/7.30pm Fri 10am
26 th January 2026	Antibullying training for parents of Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
26 th January 2026	Anti Bullying training for parents of Post Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
29 th January 2026	Parents' Association Clinics	Thursday 10am + 7.30pm
3 rd February 2026	Transition from Primary to Post Primary School	Tue -Thurs 10am/7.30pm Fri 10am
9 th February 2026	Internet Safety sessions of parents of Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
23 rd February 2026	Parenting: Supporting your child to build healthy friendships and relationships – Session 1 for parents of Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
23 rd February 2026	Parenting: Supporting your child to build healthy friendships and relationships – Session 1 for parents of Post Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
2 nd March 2026	Parenting: Supporting your child to build healthy friendships and relationships – Session 2 for parents of Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
2 nd March 2026	Parenting: Supporting your child to build healthy friendships and relationships – Session 2 for parents of Post Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
9 th March 2026	Parenting: Supporting your child to build healthy friendships and relationships – Session 3 for parents of Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
9 th March 2026	Parenting: Supporting your child to build healthy friendships and relationships – Session 3 for parents of Post Primary school children	Mon-Thurs 10am/7.30pm Fri 10am
18 th March 2026	Supporting you to support your Primary school child's Mental Health & Wellbeing	Wed/Thurs /10am/7.30pm Fri 10am