



Supporting Parents
Supporting Children

NEWSLETTER

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| Weekly Preview of our new Daily Edition |

Niall de Burca



In this week's edition we will have Niall de Burca telling some tales, be sure to check our website and social media platforms for more details.

David Gillick



David Gillick will be showing us how to make healthy meals and snacks that will be fun to do with your children.



Easter Holidays!

Parents have been doing a great job adjusting to the new routine of staying at home, keeping their children occupied and engaged with learning at home. This week children will be having their Easter break from school and whilst that might not look very different from the last couple of weeks, this might be a time when parents can forget about doing school work and focus a bit more on having fun. Our Daily Edition will continue during the Easter break with lots of fun creative activities and much more!



Adam Harris will be offering some words of advice to the parents of children who have autism and may be facing extra challenges.

Paul Gilligan CEO of St Patrick's Mental Health Services will be following on from his video last week advising parents how to protect their children's mental health.

